**Opening prayer**

We thank You for calling us to a life of purity and holiness. Help us to pursue a godly lifestyle in every area of our lives. Give us the strength to resist temptation and make choices that honor You. May Your Word be our guide and source of wisdom as we navigate the challenges of this world. We pray that our lives would be a testimony of Your transforming power. In Jesus’ name, we pray. Amen.

Game: **Temptation Tower:**

**Genesis 39,1-12**

“Temptation Tower” Build a tower using blocks or cups, each representing a different temptation or worldly desire. Have the teens take turns removing a block or cup while discussing ways they can resist that particular temptation. The game illustrates the importance of identifying and overcoming temptations in their lives.

1. **Natural temptation**: Now Joseph was well built and handsome – [*Genesis 39:6*](http://www.biblestudytools.com/search/?t=niv&q=ge+39:6)
2. **Influential Temptation:** After a while his master’s wife took notice of Joseph and said “come to bed with me!” – [*Genesis 39:7*](http://www.biblestudytools.com/search/?t=niv&q=ge+39:7)
3. **Promotion Temptation;** No one is greater in this house than I am. My master has withheld nothing from me… – [*Genesis 39:9*](http://www.biblestudytools.com/search/?t=niv&q=ge+39:9)
4. **Persistent Temptation:** *She spoke to Joseph day after day – Genesis 39:10*
5. **The Perfect Setting Temptation:** One day, however, no one else was around when he went in to do his work. She came and grabbed him by his cloak... – *[Genesis 39:11-12](http://www.biblestudytools.com/search/?t=niv&q=ge+39:11-12)*
6. **Isolation Temptation:** One day he went into the house to attend to his duties and none of the household servants was inside. – [*Genesis 39:11*](http://www.biblestudytools.com/search/?t=niv&q=ge+39:11)

Here are a few steps that could help you overcome these temptations:

How to overcome temptations?

**1. Don’t Battle Alone**

Plans fail for lack of counsel, but with many advisers they succeed. – [*Proverbs 15:22*](http://www.biblestudytools.com/search/?t=niv&q=pr+15:22)

Find a trustworthy friend or a group you can be accountable to. Seek their advice, counsel, and prayer when needed.

**2. Flee**

Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart – [*2 Timothy 2:22*](http://www.biblestudytools.com/search/?t=niv&q=2ti+2:22)

This is the Apostle Paul’s advice to young Timothy and that’s exactly what Joseph did. ([Genesis 39:12](http://www.biblestudytools.com/search/?t=niv&q=ge+39:12))

**3. Watch Your Eyes**

The Psalmist said, “I will set before my EYES no vile thing” ([Psalm 101:3](http://www.biblestudytools.com/search/?t=niv&q=ps+101:3))

**4. Be Careful of the Little Things**

It’s the smaller sins that lead to the bigger ones. Telling little lies can lead to the bigger lies and being dishonest with small change may well lead to outright cheating.

**5. Depend on God’s Strength Daily**

## Closing Prayer:

“Gracious Heavenly Father, we thank You for Your faithfulness and love. As we face various temptations in our lives, we ask for Your strength and guidance. Help us to submit to You, resist the devil, and find refuge in Your presence. Grant us the wisdom to discern temptation and the courage to overcome it. In Jesus’ name, amen.”

<https://www.crosswalk.com/church/pastors-or-leadership/types-of-temptation-christians-face-and-steps-to-battle-them.html>